

## Accessing a service

If you need information, or a service, please phone **9890 2220**. Your enquiry will be passed onto the Health Access Team. A staff member in the team will speak with you regarding your needs and assess your eligibility and priority for a service. They can also assist you in finding out more about the broad range of services and programs WCHS provides.

### Fees

Priority is given to people who have a Health Care Card, or are on a Pension or low income. Fees are charged for most services and group programs. Fees are dependent on your income level and your ability to pay based on other health care costs.

EFTPOS and credit card facilities are available.

### Interpreters

It is important to us that language is not a barrier to accessing health care services. We are pleased to use interpreters when needed.

### Cancellations

We appreciate at least 24 hours notice. Fees may be charged if you fail to attend a dental appointment.

## Individual Services

### For people of all ages:

#### Dental Service

- Adults and those in secondary school must have a health care card
- All school aged children and preschoolers are eligible

#### Needle Syringe Service

- Business hours
- Drug Safety Worker
- After hours mobile service (CHOPER)

#### Community Health Nursing

#### General Counseling & Social Work Support

#### Nutrition & Dietetics

#### Occupational Therapy

#### Physiotherapy

#### Podiatry

#### Speech Pathology

#### Whitehorse Good Life Club

### For older men:

#### Men's Shed

### For children birth to school age:

#### Dietetics

#### Occupational Therapy

#### Psychology

#### Podiatry

#### Speech Pathology

## Group Programs

### For people of all ages:

#### Anxiety Management Program

#### Better Health Program

#### Diabetes Education

#### Fitness Fridays (Respiratory Health Program)

#### Health Living Course (for those with pre-diabetes)

#### Heart Failure Rehabilitation Program

#### Men Making Change Program (Anger Management & Behavior Change)

#### PND (Post Natal Depression) Program

#### Weight Loss Group

### Physical Activity:

#### Exercise to Music

#### Fitball

#### Hydrotherapy

#### Strength Training

#### Tai Chi for Arthritis

#### Walking Group

### For children birth to school age:

#### Children's Social & Communication Skills Group

#### Language and Learning Group

#### School Readiness Program

#### SPOT (Speech and Occupational Therapies)

Your health and well-being  
is our priority.



# What is a community health service?

Community Health Services (CHS) are community based health services with independent Boards of Management. We are funded by the state government through the Department of Human Services. Although available to the whole community, CHS' target people at greatest risk of poor health and those on low to medium incomes.

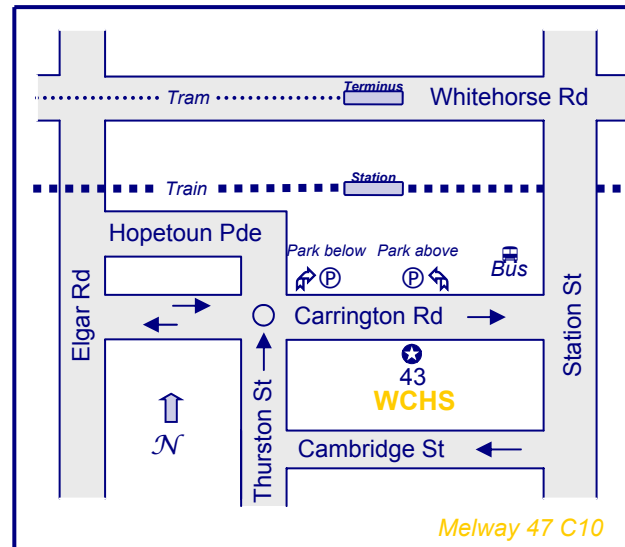
We are committed to working in partnership with other health providers such as doctors, local government and hospitals. Community Health emphasizes and strengthens the role of local communities in building healthier social and physical environments.

## Whitehorse Community Health Service:

43 Carrington Road, Box Hill 3128

Tel: 9890 2220 Fax: 9898 8010

Dental Services: 9897 1792



## Parking and Access

Carrington Rd is in part a one-way street with very limited metered car parking. We recommend you park above or below Box Hill Central Shopping Centre. There are two entry points in Carrington Rd.

Limited disabled parking is available in Carrington Road and at the rear of the building. Please enquire with staff for further information on 9890 2220.

Train, bus and tram services are close by.

Building is wheelchair accessible.



Whitehorse Community  
Health Service

# General Information

Leading and working in partnership to provide innovative and high quality services and health promotion to ensure a strong, connected community.

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[www.wchs.org.au](http://www.wchs.org.au)